



The Weekender 2025

Music – Comedy – Fitness



Wokefield Estate, Reading, Goodboys Lane, RG7 3AE
2nd – 4th May 2025

INFORMATION BOOKLET



Live – Laugh – Love

GENERAL INFORMATION & TRAVEL DETAILS

WHERE ARE ACTIVITIES TAKING PLACE?

Wokefield Estate

Goodboys Lane

Reading

RG7 3AE

make sure you put this postcode in your satnav – **no other!!**

CHECK-IN/OUT DETAILS

- Check-in for hotel residents and Weekend Pass Holders is from 15:00-21:00 on Friday 2nd May. We cannot guarantee bedrooms will be ready at 15:00. but we aim for all rooms to be ready for 16:00.
- **Wokefield Place Guests:** check-in will be in the foyer of Wokefield Place until 21:00.
- **Wellington Lodge Guests:** check-in will be in the Wokefield Place reception until 21:00.
- Every person in your party will need to check-in at reception to receive their key card.
- Go to the Weekender check-in desk FIRST, on the right as you enter Wokefield Place.
- At the check-in desk you will be supplied with a security band – **YOU WILL NOT BE ABLE TO CHECK INTO YOUR ROOMS WITHOUT THIS BAND. PLEASE DO NOT REMOVE OR LOSE IT!!**
- Checkout is 12pm on Sunday 4th May.

WHAT YOU NEED TO BRING?

- Trainers and Shoes
- Fitness workout clothing
- Cards for shopping area and drinks at the bar. as the hotel is Cashless – no personal drinks allowed in parties
- Saints & Sinners Theme Party Wear
- Water Bottle
- Flip Flops
- Swimwear

HOW TO GET TO WOKEFIELD ESTATE?



BY CAR

EXIT THE M4 AT JUNCTION 11

Take the first exit A33 towards Basingstoke. Keep in right hand lane. through the first set of traffic lights. At second set of traffic lights, turn right – signposted Grazeley & Mortimer. Turn left at mini-roundabout. After approx 2.5 miles and after crossing over a railway bridge, the entrance to Wokefield Estate can be seen on the right hand side.

EXIT THE M3 AT JUNCTION 5

Follow signs for Hook and Reading onto the A30. At next roundabout take B3349 for Reading. Continue following signs for Reading. Join A33. At roundabout before M4 turn left to Grazeley & Mortimer. Turn left at mini-roundabout. After approx 2.5 miles and after crossing over a railway bridge, the entrance to Wokefield Estate can be seen on the right hand side.



BY RAIL

Reading Station is 7 miles from De Vere Wokefield Estate. There is a taxi rank at Reading Station.

For the Londoners, you can now use the Elizabeth Line to get to Reading Station.



Friday 2nd May

Date/Time	Wokefield Suite	Sky 5/6	The Avenue /Benedicts Bar	View Restaurant/Pool
Friday 14.00 - 16.00	No Class	No Class	No Class	
Friday 16.00 - 16.45	Powerwave Patrick Sinclair	No Class	Background music and Board Games in the Avenue	
Friday 17.00 - 17.45	Meggaballs Winston Squire	No Class		
Friday 18.00 - 20.00	Dinner in the View and Pantry			
Friday 21.00 - 22.30	Musical Meet & Greet Show Eddie Nestor, Kat & Mastermind with comedy from Wilson and Live PA from Omar.			
Friday 22.30 - 00.00			Weekender T-Shirt Party Alan Brando (Benedicts Bar)	

Saturday 3rd May

Date/Time	Wokefield Suite	Sky 5/6	The Avenue /Benedicts Bar	View Restaurant/Pool
Saturday 00.00 - 00.45			Fatman	
Saturday 00.45 - 01.30			Gayle & Pete Precise	
Saturday 01.30 - 02.15			TLC & Cookie	
Saturday 02.15 - 03.00			Big Business	
Saturday 03.00 - 04.00			Shaq D	
Saturday 07.00 - 10.00	Breakfast in the View Restaurant & Pantry			
Saturday 09.00 - 09.45	Meggaballs Winston Squire	Sunny Singh Bhangracise		
Saturday 10.00 - 10.45	Fit2fite Ross Mathieu	Yoga - Hold, Flow & Let Go Dianne Reilly		
Saturday 11.00 - 11.45	No Class	F.I.T Jam Faye Edwards	Salsa with Sharky DJ & Jas (The Avenue)	Sunny Singh Aqua Float FIIT Fun
Saturday 12.00 - 14.00	Lunch in the View and Pantry			

The Weekender



Music, Comedy & Fitness 2025 Timetable



Saturday 3rd May

Date/Time	Wokefield Suite	Sky 5/6	The Avenue /Benedicts Bar	View Restaurant/Pool
Saturday 14.00 - 14.45	Hip-Hop Step Patrick Sinclair	Soca Bands Lisa "Boss Lady" Nestor	Salsa with Sharky DJ & Jas (The Avenue)	
Saturday 15.00 - 15.45	F.I.T Combat Faye Edwards	Soulful Pilates Carroll Locke	Music, Games and Foolishness Tug-of-War Men vs Women (The Avenue)	
Saturday 16.00 - 16.45	No Class	Fit2fite Flexibility Dianne Reilly		Sunny Singh Aqua Float FIIT Fun

Saturday 18.00 - 20.30 Denim Prosecco Dinner Party in the View Restaurant & Dinner in the Pantry for non-Prosecco Ticketholders

Date/Time	Wokefield Suite	Sky 5/6	Benedicts Bar	View Restaurant/Pool
Saturday 20.30 - 22:00	The Saturday Night Show Hosted by Eddie Nestor featuring Slim & Hil St Soul		Saints and Sinners Theme Party Benedicts Bar 22:00	
Saturday 22.00 - 22.45			Shaq D	
Saturday 22.45 - 00.00			Milk Tray	
Sunday 00.00 - 00:45			Fatman	
Sunday 00.45 - 01.30			Big Business	
Sunday 01.30 - 02.15			Mastermind	
Sunday 02.15 - 03.00			Pete Precise & Lawless	
Sunday 03.00 - 04.00			Eddie Nestor Blues Dance	

Sunday 4th May

Date/Time	Wokefield Suite	Sky 5/6	Benedicts Bar	View Restaurant/Pool
Sunday 07.00 - 11.00	Breakfast in the View and Pantry			
Sunday 09.00 - 09.45	Fit2Fite - Gospel Ross Mathieu	No Class		
Sunday 10.00 - 10.45	Stretch Easy Like Sunday Morning Carroll Locke	No Class		
Sunday 12:00	Checkout and time to go home - Stratford & Brixton Coach 13:00 Prompt at the Main Reception			

THE WEEKENDER FITNESS & SOCIAL DESCRIPTIONS

ACTIVITY	DESCRIPTION	PRESENTER
Aqua Float FIIT Fun	HIIT has hit the water. Can u balance your way through this interval training or will you take a plunge.	Sunny Singh
Bhangracise	Come on this dance based bollywood journey with fun energetic dance routines. Work a sweat and have crazy time	Sunny Singh
Denim Prosecco Party (The View Restaurant) 18:00 Sharp!	Dress in your denim or in your Saints and Sinners wear, but it is going to be a long night! Join the team in the View Restaurant for a wild dinner and prosecco party. The prosecco will flow from 18:30 for 1 hour and the DJs will be hyping you from start to finish. Prosecco Party Ticket Holders Only!	Shaq D & Big Business
F.I.T. JAM	A fun confidence boosting dance fitness concept where you will learn easy to follow routines that are very clearly broken down stage by stage. This dance session is for all levels and abilities especially welcoming beginners. The class offers an array of music genres.	Faye Edwards
Fit2Fite 'Fighting Moves to Funky or Gospel Grooves'	FIT2FITE Fighting Moves To Funky Grooves. Kicks, punches, blocks and sweeps forged together in a non contact form to enhance strength, stamina and suppleness and deliver tone, timing and an uplifting workout.	Ross Mathieu
Fit2Fite 'Flexibility'	This class is a fusion of Yoga and Pilates moves to soulful grooves. Incorporating strength, flexibility and mobility will help improve your overall functional fitness and in turn give you an all over balanced body work out.	Dianne Reilly
Hip-Hop Step	Hip Hop Step - low impact exercise which promotes Weight Loss, Muscle, and Bone Health. Our upbeat step class is set to Hip Hop music, with fun and easy routines. Ideal for all levels of fitness and step experience.	Patrick Sinclair
Meggaballs	The Meggaball workout is a high octane functional driven core training class, which incorporates an aerobic routine with muscular strength and coordination for the upper and lower body to popular Reggae music. So bring your smiles along and bounce along with Winston!	Winston Squire
Musical Meet & Greet Show (Wokefield Suite) Friday 21:00	Musical Meet & Greet is an exciting, high-energy show that brings together some of the brightest stars in entertainment for a night of unforgettable performances and laughs. Hosted by Eddie Nestor & Kat, the evening features DJ Mastermind throwing down some classic tracks. The fun doesn't stop there—comedian Wilson adds his sharp wit and humor to keep the crowd roaring with laughter. Plus, get ready to be blown away by a live PA from the legendary Omar, delivering a soulful, unforgettable musical experience. It's the perfect blend of comedy, music, and excitement—don't miss out on this dynamic showcase!	Eddie, Kat, Mastermind, Wilson, Omar
The Saturday Night Show (Wokefield Suite) Friday 21:00	The Saturday Night Show is your ultimate weekend escape, hosted by the charismatic Eddie Nestor and DJ Fatman. Get ready for an incredible night featuring side splitting comedy from Slim and the incomparable vocals of Hil St. Soul, delivering a performance that will leave you captivated. With Eddie at the helm, it's a night of unforgettable music, laughter, and good vibes—perfect for kicking off your weekend in style!	Eddie, Fatman, Slim, Hil St Soul
Salsa (The Avenue)	Salsa dancing is a vibrant and exhilarating experience Whether you're a seasoned dancer or a beginner. So, whether you're aiming for the spotlight or just want to enjoy the rhythm, learning salsa fundamentals is a rewarding journey that enriches both body and soul.	DJ Sharky & Jas Shaw
Soca Bands	A fun and lively Soca workout for all levels. Can be done with or without resistance bands (provided). Are you ready to wok?	Lisa Nestor
Soulful Pilates	A fusion of muscle conditioning and stretching with a flow of Pilates exercises all to a backdrop of soulful tunes to ease you into your day. This class will rock your core and strengthen you from head to toe, while working to improve posture, balance and lengthen muscles.	Carroll Locke
The Weekender T-Shirt Party Friday 22:30	Customise your Weekender T-Shirt and wear it with pride or with some swag, but most importantly lose your inhibitions in it and party the night away with the Weekender DJs.	All Weekender DJs



Treatment Price List

50% Non Refundable Deposit needed at time of booking

Remainder cash on the day or bank transfer in full before
(no card payments)

Call or Text Tanya on 07875391107 to book

Manicure or Pedicure	£30 (30mins)	£45 (45mins)	£60 (60mins)
Deluxe Facial	£35 (30mins)	£65 (60mins)	
Cleanse x2, Tone, Exfoliate, Mask and Lymphatic Drainage Massage including a scalp or hand and arm massage			
Natural Facelift Massage	£35 (30 mins)	£65 (60mins)	
Highly effective techniques to instantly lift the skin			
Indian Head Massage	£35 (30mins)	£65 (60mins)	
Relieves muscular tension, stress and anxiety			
Reflexology	£35 (30mins)	£65 (60mins)	
Deep foot massage working on areas of the foot that correspond with organs in the body giving a overall full body treatment			
Hot Stones Massage	£35 (30mins)	£65 (60mins)	
Full body massage using hot stones the heat relaxes the muscles			
Sticks and Stones Massage	£35 (30mins)	£65 (60mins)	
Full body deep tissue massage using heated bamboo sticks and hot stones			
Aromatherapy Massage	£35 (30mins)	£65 (60mins)	
Full body massage treatment using a blend of aromatherapy oils			
Lymphatic Drainage Massage	£35 (30mins)	£65 (60mins)	
Lymphatic drainage massage can ease swelling that occurs with a blocked lymphatic system. It moves waste toward your lymph nodes to rid your body of toxins			
Cupping Therapy	£35 (30mins)	£65 (60mins)	
Cupping uses suction to draw blood to or away from specific areas of your body. People mostly use cupping to relieve conditions that cause pain.			
Sports Massage	£35 (30mins)	£65 (60mins)	
More targeted than a regular one, aiming for overall relaxation and stress relief using stretches.			
Bacial	£35 (30mins)	£65 (60mins)	
A luxurious facial for the back includes cleanse, scrub, mask and massage using hot mitts			
Full Body Scrub	£65 (60mins)		
Full body scrub with aromatherapy oils and massage			
3D Brows	£25 (30mins)		
Tinting, waxing, threading, trimming and shading of the brows			
Lash Lift & Tinting	£35		
A cosmetic procedure that curls natural eyelashes to make them appear longer and fuller.			
Reiki & Crystal Healing	£35 (30mins)	£65 (60mins)	
Non-invasive treatment starting with meditation followed by hands on healing using crystals and reiki to heal the mind, body & spirit			
Hopi Ear Candles	£35	(30mins)	
Draws out impurities and relieves pressure in the head and sinuses includes a scalp and Lymphatic Drainage facial massage			
Eye Make Over	£15	Full Face Make Over	£40
Cluster Eyelashes	£30	Strip Lashes	£15
Hair Curled/Straightened or Updo	£40		