

## Treatment Price List

50% Non Refundable Deposit needed at time of booking

Remainder cash on the day or bank transfer in full before (no card payments)

## Call or Text Tanya on 07875391107 to book

Manicure or Pedicure £30 (30mins) £45 (45mins) £60 (60mins)

Deluxe Facial £35 (30mins) £65 (60mins)

Cleanse x2, Tone, Exfoliate, Mask and Lymphatic Drainage Massage including a scalp or hand and arm massage

Natural Facelift Massage £35 (30 mins) £65 (60mins)

Highly effective techniques to instantly lift the skin

Indian Head Massage £35 (30mins) £65 (60mins)

Relieves muscular tension, stress and anxiety

£35 (30mins) Reflexology £65 (60mins)

Deep foot massage working on areas of the foot that correspond with organs in the body giving a overall full body treatment

Hot Stones Massage £35 (30mins) £65 (60mins)

Full body massage using hot stones the heat relaxes the muscles

Sticks and Stones Massage £35 (30mins) £65 (60mins)

Full body deep tissue massage using heated bamboo sticks and hot stones

Aromatherapy Massage £35 (30mins) £65 (60mins)

Full body massage treatment using a blend of aromatherapy oils

Lymphatic Drainage Massage £35 (30mins) £65 (60mins)

Lymphatic drainage massage can ease swelling that occurs with a blocked lymphatic system. It moves waste toward your lymph nodes to rid your body of toxins

**Cupping Therapy** £35 (30mins) £65 (60mins)

Cupping uses suction to draw blood to or away from specific areas of your body. People mostly use cupping to relieve conditions that cause pain.

£35 (30mins) Sports Massage £65 (60mins)

More targeted than a regular one, aiming for overall relaxation and stress relief using stretches.

£35 (30mins) £65 (60mins)

A luxurious facial for the back includes cleanse, scrub, mask and massage using hot mitts

**Full Body Scrub** £65 (60mins)

Full body scrub with aromatherapy oils and massage

£25 (30mins) 3D Brows

Tinting, waxing, threading, trimming and shading of the brows

Lash Lift & Tinting £35

A cosmetic procedure that curls natural eyelashes to make them appear longer and fuller.

Reiki & Crystal Healing £35 (30mins) £65 (60mins)

Non-invasive treatment starting with meditation followed by hands on healing using crystals and reiki to heal the mind, body & spirit

**Hopi Ear Candles** (30mins)

Draws out impurities and relieves pressure in the head and sinuses includes a scalp and Lymphatic Drainage facial massage

Full Face Make Over £40 Eye Make Over £15

Cluster Eyelashes £30 Strip Lashes £15

£40 Hair Curled/Straightened or Updo

Tel 07875 391107 www.pampermecompany.co.uk 🚮 👅 pampermecompany

